

MONDAY

27th May Welcome to the new week!

10AM One-To-Ones

11AM

BUTTERFLY TIME

Take time this morning to do the things that you love.

2.30 PM

LOVE ME TENDER

Film will be played in the TELEVISION LOUNGE in the afternoon.

TUESDAY

28th May

10AM Butterfly Time

11AM

FLOWER ARRANGING

Lizzie will be visiting one to one with beautiful flowers to start your day, we will be making our own lovely arrangements.

2.30 PM

CHEEKY CHEESECAKE

Join Lizzie in the LIFESTYLE LOUNGE as we make blueberry cheesecakes that will be enjoyed tomorrow for lunchtime desert.

WEDNESDAY

29th May

10AM One-To-Ones

11AM

JOLLY TROLLEY

Lizzie will be visiting with all your weekly favorites ©

2.30 PM

FUNCTIONAL FITNESS

Join Sarah in the TV LOUNGE for fun and fitness.

Lizzie will be available for oneto-one room visits throughout the afternoon.

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THURSDAY

30th May

10AM Butterfly Time

11AM

SHAKE UP AND WAKE UP

Lizzie will be visiting one to one in rooms with a one-to-one exercise session.

2.30 PM

MINT JULEP

Join Lizzie in the LIFESTYLE LOUNGE as we make and enjoy some refreshing mint julep.



FRIDAY

31st May

10AM One-To-Ones

11AM

GLORIOUS GAMES

Lizzie will be visiting one to one in rooms with a selection of your favorite games.

2.30 PM

SANCTUARY SPA

Join Lizzie in room 1 for some relaxation, rest and reprieve choose from nail care or reflexology treatments.



SATURDAY

1st June

2.30PM

SATURDAY MATINEE

Film will take place in the TELEVISION LOUNGE in the afternoon.

Donna Birthday



SUNDAY

2nd June

2.30PM

FILM OF YOUR CHOICE

Film will be played in the TELEVISION LOUNGE in the afternoon.

DIARY DATES

Activities may change each day depending on resident's needs.

This week sees the afternoon activities start at the new time of 2.30 pm. Please arrive by 2pm for a 2.30 start.

Tuesday afternoon we look forward to seeing you all in the lifestyle lounge as we make our very own blueberry cheesecake deserts ready for Wednesdays lunchtime desert.

This Thursday afternoon Lizzie invites you to make and try your very own mint julep and catch up with friends.

Friday afternoon sees a new and relaxing session full of one-to-one visits to the Sanctuary Spa,



